

A Career in Oral Surgery in the Midlands & East



Developing people
for health and
healthcare



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What is Oral Surgery?

- The speciality of Oral surgery deals with the diagnosis and management of pathology of the mouth and jaws that requires surgical intervention.
- Oral Surgery involves the treatment of children, adolescents and adults, and the management of dentally anxious and medically complex patients.



Why choose this specialty?

- Surgical management forms a large part of the specialty. However, surgical procedures are invasive by definition and this poses an intellectual challenge in addition to consideration of medical and surgical complications
- Often patients attending for oral surgery are anxious and the ability to quickly build rapport with patients is another challenge for oral surgeons. Alleviation of anxiety through sedation and GA is also an important dimension of the specialty
- Offers multidisciplinary interface with other dental and medical specialties
- Very rewarding

Future challenges

Ageing population

- Comorbidities and polypharmacy
- Dementia
- Retention of heavily restored teeth
- Compromised healing (e.g. MRONJ & ORN)
- Consequence of NICE Guidelines 3rd molars

Increased referrals and waiting times

- Shift to primary care
- Development of Referral Management centers
- Establishment of Managed Clinical Networks
- Tiered service: Tier 2 contract procurement and performer accreditation

Training challenges

- Undergraduate education
- OS training to GPs
- Number of StR training posts and post CCST training
- Workforce succession planning
- SAS Career development

Typical Day

A day in the life...

- Day to day your time is split between new patient clinics and treatment clinics, with some time built in for academic development and research.
- In Midlands and East the training programme is well structured. In addition to oral surgery consultant clinics, you rotate onto specialised multidisciplinary clinics such as oncology clinic, hypodontia clinic and a TMJ clinic run by an OMFS Consultant. Furthermore the Oral Medicine Department in Birmingham offers comprehensive exposure to oro-mucosal diseases and their management, under the guidance of consultants.
- A particular strength of training in Midlands and East is chairside teaching. Whilst you have unsupervised treatment sessions to develop confidence, initially the majority of your treatment sessions are under the direct supervision of a scrubbed consultant. These opportunities are invaluable in the development of your surgical skill and ability.



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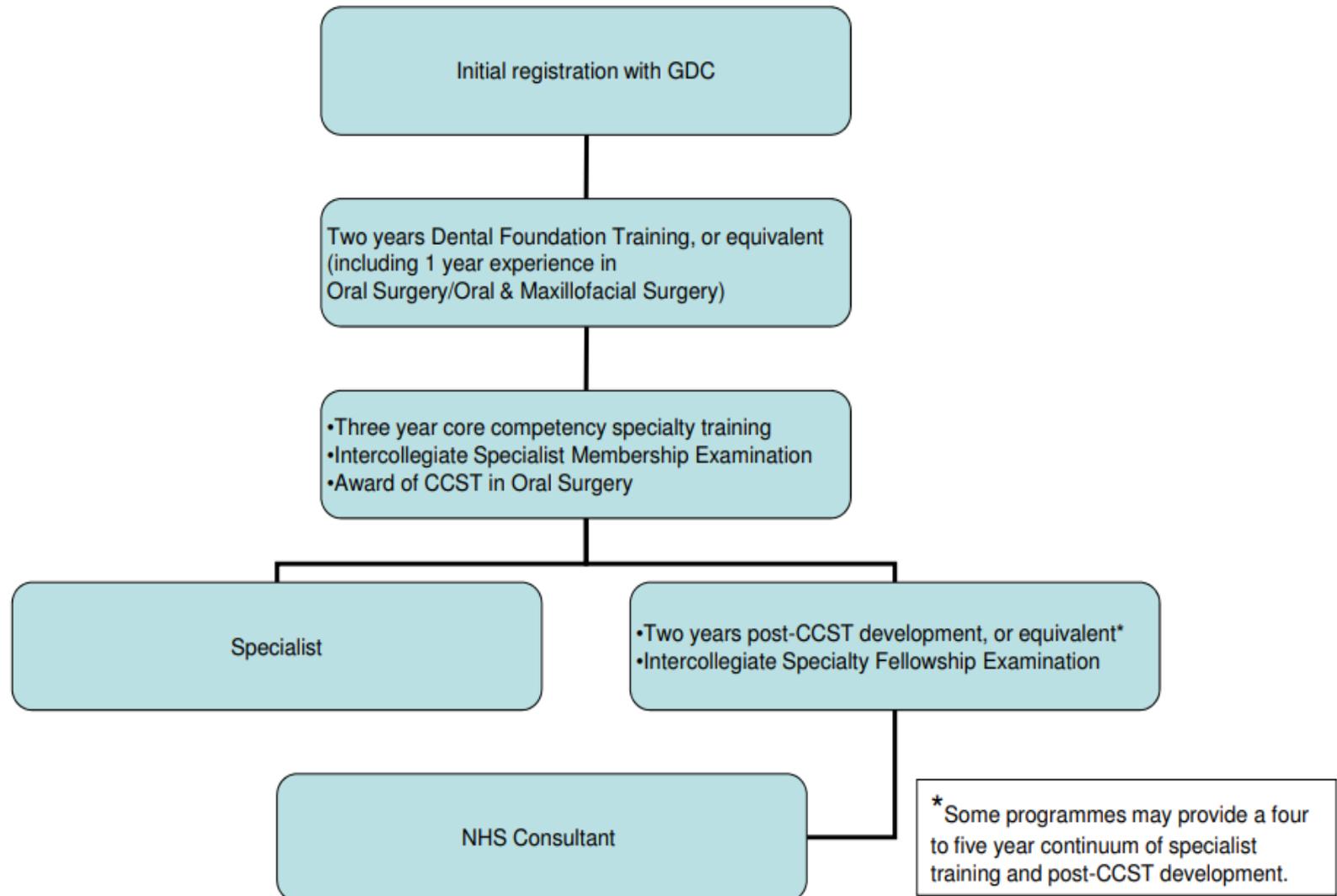
- Exposure to treatment under local anaesthetic, sedation and general anaesthetic is supported with rotations to various Oral Surgery and OMFS units. This allows you to gain experience in the provision of treatment under general anaesthetic and to develop competence in the provision of intravenous sedation.
- Aside from clinical responsibilities, academic development is strongly supported. You are encouraged to lead audits, develop research interests and undertake postgraduate qualifications. In addition, your teaching style is refined through the supervision of juniors on new patient and treatment clinics and through lecturing opportunities, both to undergraduate students and postgraduate colleagues.
- All in all your days are very busy, with lots of a different responsibilities and opportunities to maintain. Nonetheless the programme in Midlands and East is comprehensive, rewarding and highly enjoyable.
- By Neil Donaldson StR in Oral Surgery - Birmingham

Personal Qualities for this career

- **Excellent communication skills –**
- **Good interpersonal skills –**
- **Leadership –**
- **Resilience –**
- **Practical skills –**
- **Life long learner –**

- In line with all specialities, trainees need to be **reliable, self-motivated, punctual , flexible and good team players**

Training Pathway



Requirements During Training

- Work place based assessments (supervised learning events)
- E Portfolio
- Life support courses; ILS, PILS, APLS or ALS
- Audit
- Presentations
- Publications
- Mandatory training
- Teaching
- Managerial experience
- Annual review of competence progression (ARCP)

Recruitment

- Oral Surgery StR national recruitment commenced in 2017
- Competitive process co-ordinated by Health Education England Yorkshire and Humber
- Applications through Oriel Online Recruitment System
- >100 applications in 2018
- Candidates ranked following self assessment and interview process

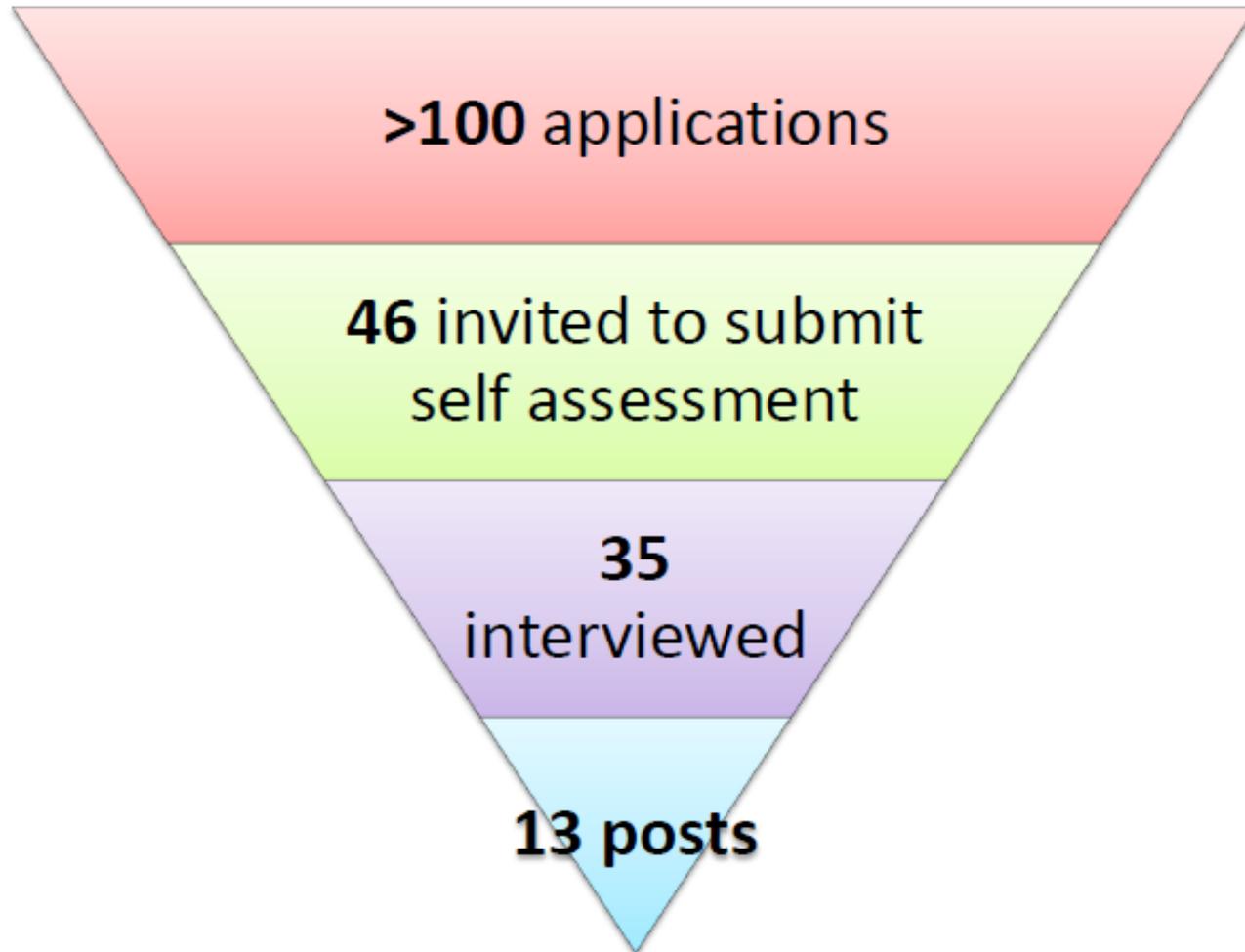


Recruitment

- ST3-4 applications open in February with interviews in April/May. These are held in Leeds and co-ordinated by Health Education England Yorkshire and Humber
- All shortlisted applicants are invited to interview.
- Successful candidates commence on the training programme in September in the West Midlands.

<https://www.yorksandhumberdeanery.nhs.uk/recruitment/national-recruitment/national-oral-surgery-str-recruitment>

Competition Ratios



Why train in the Midlands & East ?

- Largest region in the country
- Mix of district general hospitals, teaching hospitals and tertiary units ensuring broad training and excellent opportunities.
- The Birmingham Dental Hospital placement is related to the School of Dentistry - University of Birmingham giving access to excellent library and research facilities.



Why train in the Midlands & East?



- The Midlands has excellent road links.
- There are 4 international airports and great rail links
- BDH consultant-led dental specialties providing treatment for around 115,000 attendances each year



Demonstrating commitment to Specialty

- **Prepare early!**
- Use person specification and self assessment as a guide
- Get experience across associated specialties
- Keep a logbook of all procedures
- Build involvement in clinical governance
- Presentations and publications
- Speak to senior staff

Where to go for more information...

- [NHS health](#)
- <https://www.nwpgmd.nhs.uk/sites/default/files/Dental%20Gold%20Guide%20June%202018.pdf>
- [Careers https://www.yorksandhumberdeanery.nhs.uk/recruitment/national-recruitment/national-oral-surgery-str-recruitment](https://www.yorksandhumberdeanery.nhs.uk/recruitment/national-recruitment/national-oral-surgery-str-recruitment)
- <https://www.baos.org.uk/for-professionals/>
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